

Toileting care and learning plan



for education and care

This form is designed to be used in conjunction with a Continence Care Plan to document an agreed approach to learning and care, however can be used as a standalone for to support children and young people with toileting needs. This form must be developed in consultation with parent/guardians, and where possible the child or young person.									
This information is confidential and will be available only to relevant staff and emergency medical personnel.									
Name of child/young person:	DOB:								
Allergies:	Review date:								
Education or care service:									
Contact staff member:									
					· 				
Tasks for care and learning	Independent	Learning at home	Learning at school	Dependent	Comments/further information				
Awareness									
Knows when toilet is needed									
ndicates when toilet is needed									
Needs to be asked or reminded									
Needs timing									
Needs to be reminded to go to the toilet at set times									
Needs to be taken to the toilet at set times									
Clothing needs to be changed									
Accessing toilet									
ndicate which toilet(s) will be used:									
Goes unaccompanied									
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Tasks for care and learning	Independ	Learning	Learning	Depender	Comments/further information
Toileting					
Locks / shuts cubicle door					
Pulls down pants					
Gets on toilet					
Urinates					
Empties bowl					
Sits for nominated time					
Wipes using paper					
Gets off toilet					
Knows when wet / soiled					
Knows that pad needs to be changed					
Removes set or soiled clothing					
Cleans skin					
Puts on clean clothing (if required)					
Finishes getting dresses					
Handwashing					
Remembers					
Uses soap					
Uses taps					
Washes hands adequately					
Dries hands on towel or hand drier					



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Tasks for care and learning	Independent	Learning at home	Learning at school	Dependent	Comments/fi	urther information				
Other tasks										
Terminology preference	Pers	Personal kit contents (if required) details/further information								
Urine		Flannel	s / wip	pes						
Faeces		Disposa	able c	loths						
Urethra		Soap (c	ption	al)						
Bladder		Towel (optior	nal)						
Vagina		Contine	nce p	ad						
Penis		Spare u	ınderv	wear						
Anus		Spare c	lothin	ıg						
Bowel		Plastic I	bag (f	or so	iled clothing)					
Pad										
Other issues	Actio	n requir	ed							